

SIZE & FIT CHART

How to measure your body for size



NECK

Measure around your neck at the point where a shirt collar band encircles the neck.

CHEST

Place tape measure up under arms and measure the fullest part of the chest, keeping tape parallel to the floor.

WAIST

Tape measure should be straight around waist where pant waistband normally sits.

SLEEVE

With elbow bent, measure from the center of the back at the base of the neck, across the shoulder to the elbow and then down to the wrist.

TAILORED FIT STYLES

Cut trimmer in the sleeves and body.

Men's Regular Size

SIZE	NECK	CHEST	WAIST	SLEEVE LENGTH
Small	15.5-16	36-38	31-32	32.5-33
Medium	16.5-17	39-41	33-35	33-33.5
Large	17-17.5	42-44	36-38	33.5-34
XL	18-18.5	45-48	39-43	34-34.5
2XL	18.5-19	49-52	44-48	34.5-35
3XL	19.5-20.5	53-56	49-53	35-36

Big Size (6'3" & under)

SIZE	NECK	CHEST	WAIST	SLEEVE LENGTH
1XB	18-18.5	46-48	42-44	35
2XB	19-19.5	50-52	46-48	35
3XB	20	54-56	50-52	36
4XB	21	58-60	54-56	36
5XB	22	62-64	58-60	37

Tall Size (6'4" & taller)

SIZE	NECK	CHEST	WAIST	SLEEVE LENGTH
LT	17-17.5	42-44	38-40	37
XLT	18-18.5	46-48	42-44	38
2XT	19-19.5	50-52	46-48	39
3XT	20	54-56	50-52	40



BUST

Place tape measure up under arms and measure the fullest part of the chest, keeping tape parallel to the floor.

WAIST

Tape measure should be straight around waist where pant waistband normally sits.

HIP

Standing with heels together, with tape parallel to the floor, measure the fullest part.

SLEEVE

With elbow bent, measure from the center of the back at the base of the neck, across the shoulder to the elbow and then down to the wrist.

Ladies' Regular Size

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
X-Small	2	34	26	36.5
Small	4-6	35-36	27-28	37.5-38.5
Medium	8-10	37-38	29-30	39.5-40.5
Large	12-14	39.5-41	31.5-33	42-43.5
XL	16-19	42.5-44.5	34.5-36.5	45-47
2XL	20	46	38	48.5
3XL	22	47.5	39.5	50
4XL	24	49	41	51.5

Women's Plus Size

SIZE	NUMERIC SIZE	BUST	WAIST	HIP
1X	14-16	45-47	39-41	46-48
2X	18-20	48-50	42-44	49-51
3X	22-24	51-53	45-47	52-54
4X	26-28	54-56	48-50	55-57
5X	30-32	57-59	51-53	58-60

These charts represent body measurements, not garment measurements.